



**Extension**

UNIVERSITY OF WISCONSIN-MADISON

# Parents Forever Co-Parenting Class



## This class will help parents:

- Describe the family transition journey and how each family member will be affected.
- Recognize the role of self-care, parent-child relationships, and co-parenting in child well-being.
- Identify internal and external resources and strategize how to leverage these resources to promote resilience for all involved.

## Register:

<https://forms.gle/YPgczdoAgjet7NZi9>

## For more information contact:

Missy Bablick

Missy.bablick@wisc.edu

715-537-6254

## 2021 Dates:

January 12<sup>th</sup>

March 11<sup>th</sup>

May 13<sup>th</sup>

July 15<sup>th</sup>

September 16<sup>th</sup>

November 18<sup>th</sup>

## 2022 Dates:

January 20<sup>th</sup>

March 14<sup>th</sup>

May 19<sup>th</sup>

July 18<sup>th</sup>

## Time:

6:00-9:00 PM

## Cost:

\$20.00

## Location

Online via Zoom