



# Barron County 4-H Family Guide



**How to Join | Clubs | Projects | Terminology | Activities | Resources**

e-mail: [4h@co.barron.wi.us](mailto:4h@co.barron.wi.us)  
Phone: 715-537-6250

UW Madison Extension - Barron County  
Barron County Government Center  
335 E. Monroe Ave. Room 2206  
Barron, WI 54812

Facebook & Instagram:  
[@BarronCounty4H](https://www.facebook.com/BarronCounty4H)

Barron County 4-H: [barron.extension.wisc.edu](http://barron.extension.wisc.edu)  
Wisconsin 4-H: [wi4h.org](http://wi4h.org)

## Emblem

The national 4-H emblem is a four-leaf clover with the letter “H” on each leaf. The emblem is federally protected by the United States government and is granted a special status. The numbers 18 USC 707 must appear with the emblem. For guidelines as to proper usage of emblem, please contact Extension Office.



## The Four “H”s

The four H’s stand for: Head, Heart, Hands, Health. These H’s represent the four-fold training and development in which members participate.



## 4-H Pledge

All 4-H members should learn the 4-H Pledge:

“I pledge my Head to clearer thinking,  
my Heart to greater loyalty,  
my HANDS to larger service, and  
my HEALTH to better living,  
for my club, my community, my country and my world

## 4-H Motto

To Make the Best Better

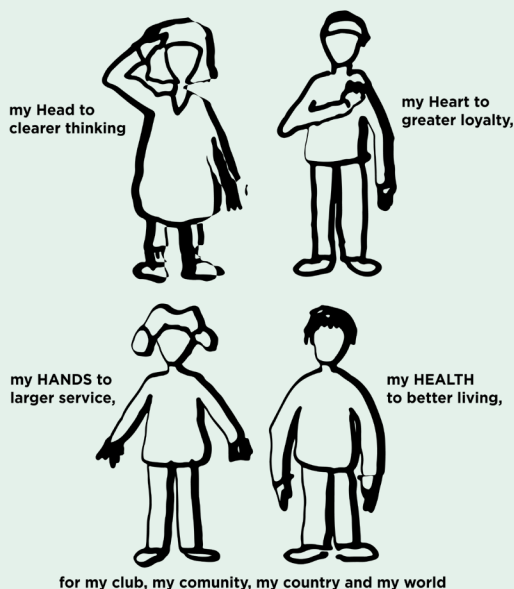
## 4-H Slogan

Learn by Doing

## 4-H Colors

Green and White

### “I Pledge



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# WELCOME TO Barron County 4-H

4-H Youth Development is a program of the University of Wisconsin Division of Extension. 4-H is supported by county and state governments along with the U.S. Department of Agriculture to provide opportunities for youth.

## University of Wisconsin Division of Extension Mission Statement

Extension's mission is to connect people with the University of Wisconsin. Thanks to joining forces with UW-Madison, we'll strengthen each other through exchanging experience and research statewide. No matter what you're trying to accomplish in Wisconsin, you'll find the support you need as we continue to bring our home state together, community by community.

### Location

UW Madison Extension - Barron County  
Barron County Government Center  
335 E. Monroe Ave. Room 2206  
Barron, WI 54812

Office Hours: Monday-Friday, 8:00 a.m. - 4:30 p.m.

Phone: 715-537-6250

Website: [barron.extension.wisc.edu](http://barron.extension.wisc.edu)

e-mail: [4h@co.barron.wi.us](mailto:4h@co.barron.wi.us)

### Staff Members

Sara Waldron, 4-H Program Educator

Phone: 715-537-6253

[sara.waldron@wisc.edu](mailto:sara.waldron@wisc.edu)

Missy Bablick

Human Development Family

Relationship Educator

[Missy.Bablick@wisc.edu](mailto:Missy.Bablick@wisc.edu)

Kathy Splett

FoodWise Coordinator

[Kathy.Splett@wisc.edu](mailto:Kathy.Splett@wisc.edu)

Andrea Gardner

FoodWise Educator

[Andrea.Gardner@wisc.edu](mailto:Andrea.Gardner@wisc.edu)

Vacant

Agriculture Educator

Kim Grover

Administrative Specialist

[Kim.Grover@wisc.edu](mailto:Kim.Grover@wisc.edu)

## In Barron County 4-H we value:





# WHAT IS 4-H?

## 4-H Basics

4-H is for the whole family where youth and adults come together to:

- Learn by doing
- Learn new things: leadership, teamwork, critical thinking, communication
- Meet new Friends
- Participate in projects such as photography, STEM, horse, arts & crafts, poultry, and so much more!

4-H is about having fun, learning, exploring and discovering.

## Who is 4-H for?

### 4-H Members

4-H members are youth in grades 5K-13th grade (one year post HS). Youth in grades 3-13 select individual projects to focus on. Youth in grades K-2 enroll in the Cloverbud project where they explore all of the opportunities 4-H has to offer. Members can join a community club or enroll as a Special Interest (SPIN) member.

### Members can:

- Attend club or project meetings
- participate in club activities
- work on projects throughout the year
- set goals for projects and complete a record book for achievement.
- complete a club demonstration
- prepare exhibits for the fair
- keep accurate records of project work (record Books)
- serve in leadership roles

### Families:

4-H is very family friendly. Supportive adults should participate in club and community activities along with the youth. Help them learn about their projects, keep informed of project happenings, and volunteer to help whenever you can.

### Adult Volunteers/Leaders

Over 130 local volunteers are dedicated to helping 4-H youth succeed, serving as

- Club leaders
- Project leaders
- Resources

Volunteers work alongside youth, building youth-adult partnerships, teaching life skills and sharing valuable experiences.

Interested in learning more? Contact the Barron County Extension Office.

## Youth-General Enrollment Information

Youth may enroll in 4-H anytime throughout the year. Re-enrollment begins on September 1.

Youth choose a community club to join or enroll as a SPIN member before they may sign-up for any projects. A list of all clubs available in Barron County can be found on the Barron County website at [barron.extension.wisc.edu](http://barron.extension.wisc.edu) or in this guide.

Members must meet the grade requirements outlined within this document in order to enroll in and participate in project activities and functions.

Grade level is determined by grade in school at time of 4-H enrollment. Youth who are home-schooled should use declared grade. Youth are eligible for membership through the next year following high school graduation. The 4-H year runs from October 1 through September 30.

Youth must be enrolled in the project areas they wish to participate in through the 4-H program.

Youth must be enrolled in Barron County 4-H by April 15th to represent 4-H at the Barron County Fair. Youth may add or delete projects until April 15th of the current 4-H year for fair projects. 4-H members may choose to enter items related to their 4-H projects.



# Membership

## Community Club Membership

Community club members belong to a specific club. Youth and families meet throughout the year, usually once a month. Each club has a club leader who regularly communicates with members; and in most community clubs youth officers are elected to guide the activities of the club. Barron County has 20 active 4-H Clubs for members to choose from. Club sizes range from 10 members to 60 members! Families can join any club at any time, or start a new one! In addition to club activities, members can also choose to participate in organized projects, groups and individual efforts.

### Strengths of a Community Club?

- Stronger sense of community, members are typically geographically close
- Offers a wide variety of ways to engage in the program
- Year-long communication and information regarding the breadth of 4-H
- Strong year-round communication and volunteer leadership provided

### What is expected of a club member?

Each club is different, check with Club Leaders to find specific expectations for a specific club. Typically, club members attend club meetings and activities, participate in projects, and are encouraged to complete a record book for achievement. Also, club members must:

1. Follow individual club guidelines for participation, membership and achievement
2. Pay 4-H Membership dues/fees--varies by club. Financial assistance is available.
3. Agree to follow all expectations and policies of Wisconsin 4-H and the Barron County 4-H Program.

## Special Interest Membership

SPIN members are members who have a Special Interest in a specific topic. Many youth and their families like the experience of being a part of 4-H, yet are unable to commit to a year-long 4-H club experience. While SPIN members don't meet with a club, they can participate in all county and state projects and activities. Projects may or may not have local volunteer support.

### Strengths of a SPIN Membership

- Draw people into 4-H who may not otherwise join.
- Decreased time commitment compared to multi-project clubs.
- Less overwhelming to start out in a complex 4-H Program.
- Focused communication during the months that the project is active.

### What is expected of a 4-H SPIN member?

In addition to participating and completing all of the required countywide project experiences, 4-H SPIN Members must also:

1. Complete a 4-H Project Record Book and submit it to the Extension Staff before September 30th of the program year. Failure to complete this record will prohibit re-enrollment as a SPIN member.
2. Participate in a show, competition, demonstration or other event showcasing the content or skills learned throughout participation in the project. This may or may not be the Barron County Fair.
3. 4-H SPIN Membership costs \$20 per member or \$50 (maximum) per family payable to Barron County 4-H. This fee is in addition to any specific project fees paid to the chartered project. This fee includes fair registration, insurance, and program fees. \*\*Financial assistance is available
4. Agree to and follow all expectations and policies of the Barron County 4-H Program



## How to Join

Getting involved with 4-H is easy, youth and families can pick one project or many projects to focus on. The time commitment can fit into anyone's schedule!

How to Join 4-H as a member

Step 1: Pick a Club or SPIN Membership.

Step 2: Pick your projects (grades 3-13)

Step 3: Set up an account at [wi.4honline.com](http://wi.4honline.com) and follow the prompts for enrollment.

Step 4: Get involved. You'll be happy you did!

\*Information about clubs and projects can be found at [barron.extension.wisc.edu](http://barron.extension.wisc.edu), then find "Join Barron County 4-H" in the 4-H Info menu.

4-H is for everyone! Join Today!

# Membership

## Register for Specific Projects

Barron County 4-H has several organized projects that meet regularly throughout the year. Information about all projects can be found starting on page 7.

Some County-wide projects also have different requirements/fees (for example--Livestock project members must complete Youth Quality Control of Animals (YQCA) to show at the fair. Other groups have certain attendance requirements).

## Record Books

In order to achieve, all 4-H members are encouraged to complete a record book. Record books are required for SPIN membership.

A record book is a journal of a member's 4-H year and is a requirement for a member to reach their completed achievement status.

Record books must be turned in to the General Club Leader at the end of the 4-H year, by the due date provided by the Leader. Record book awards are given at the County Awards Program in October.

For specific instruction on how to fill out your Record Book, a Record Book Guide can be found on the Barron County Extension website at <http://barron.wisc.edu>. Click on 4-H and then "fair, forms, and applications"

For more information about types of membership and Record Books, please visit [barron.extension.wisc.edu/4h](http://barron.extension.wisc.edu/4h)



## INTERESTED IN JOINING 4-H?

### The Process in Barron County

Created by Sara Waldorn  
Barron County 4-H Educator



#### CONTACT THE EXTENSION OFFICE TO TALK WITH 4-H STAFF ABOUT 4-H

We are happy to get you started in Barron County 4-H. Talk with local 4-H staff to learn how to get started and share how you want to be involved. Call 715-537-6250 or email: [4h@co.barron.wi.us](mailto:4h@co.barron.wi.us)



#### FIND A 4-H CLUB THAT YOU ARE INTERESTED IN

Get a recommendation from the 4-H staff or check out our club map to select a club that you are interested in.



#### CONTACT A CLUB AND ATTEND A MEETING

Figure out what club is the right fit for you. We encourage you to shop around to determine the club you want to be part of. Contact the club leader to confirm their next meeting date, location and time.



#### ENROLL IN 4-H ONLINE@ [HTTPS://WI.4HONLINE.COM/](https://wi.4honline.com/)

Enrolling in 4-H ensures that you get relevant and current information. When you enroll, you will create a new family profile and add each member. This includes personal information (contacts & demographics), additional information (code of conduct, authorizations & waivers), Health Information (for events) and Participant Information (club and projects).

**What are projects?** Projects are areas of interest you would like to explore and learn more about.



#### FOLLOW US ONLINE & GET THE MOST OUT OF YOUR EXPERIENCE

Follow us on Facebook and Instagram @BarronCounty4H or check our website. Make it a priority to attend your club meetings each month!

**Ask questions! Ask your club leader or contact 4-H staff with any questions you have along the way.**

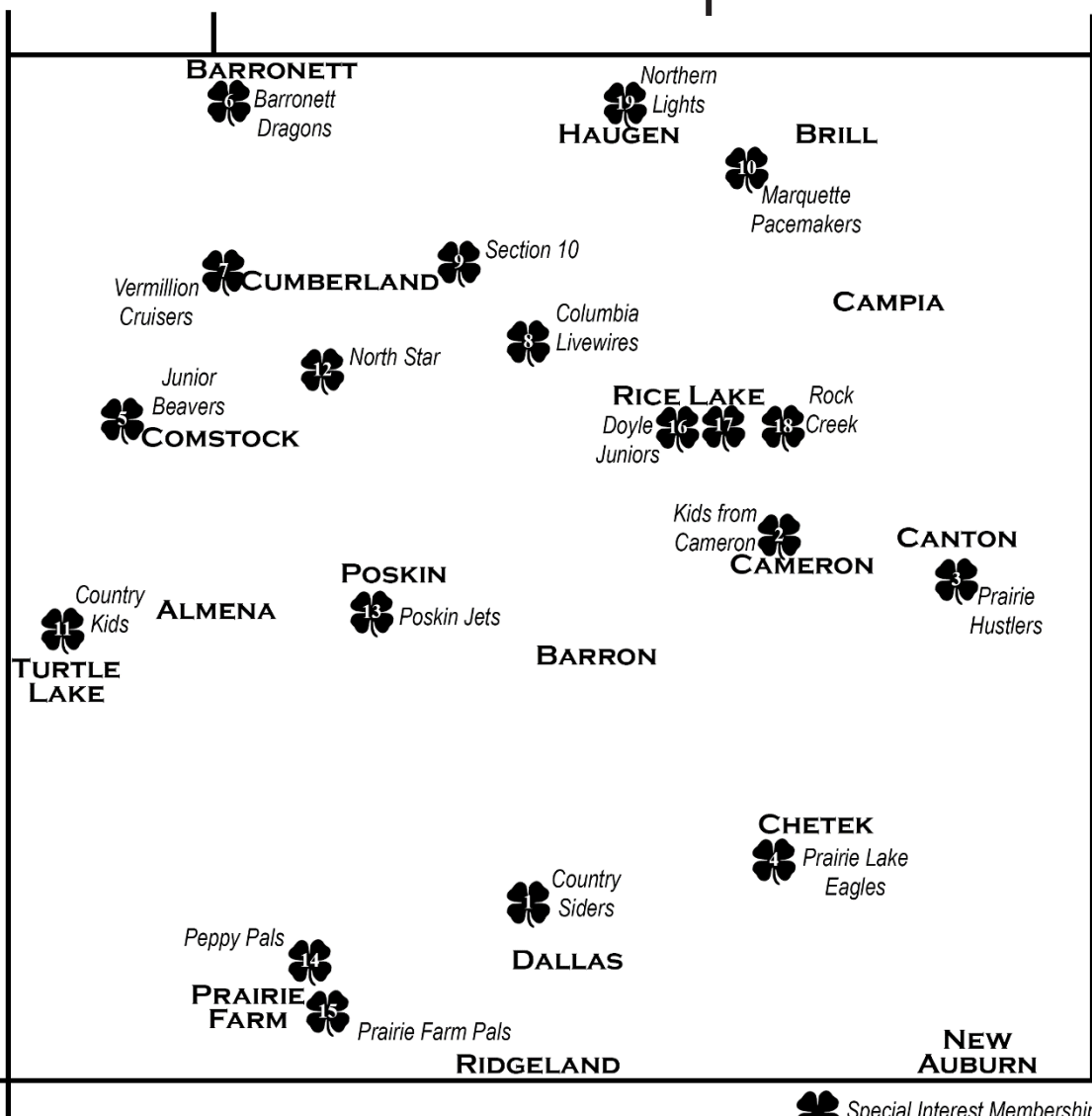


# Barron County 4-H Clubs and Leaders

1) <b>Country Siders</b>	Angie Harmon Alicia Wirth	715-296-3552 715-949-1088
2) <b>Kids From Cameron</b>	Barb Lancaster Jen Stovern	715-658-1988 715-418-3214
3) <b>Prairie Hustlers</b>	Kirsten Huth Saundra Linton	715-764-2097 715-924-4870
4) <b>Prairie Lake Eagles</b>	Joyce Nelson Shawna Skoug	715-458-1944 715-790-1460
5) <b>Junior Beavers</b>	Melissa Weaver Greg Weaver	715-419-0500
6) <b>Barronett Dragons</b>	Peg Thompson	715-822-8872
7) <b>Vermillion Cruisers</b>	Heather Colburn Michelle Stouffer	715-357-6404 715-822-2823
8) <b>Columbia Livewires</b>	Carie Peterson	715-651-4545
9) <b>Section Ten</b>	Tamala Anderson	715-419-0421
10) <b>Marquette Pacemakers</b>	Cathy Solum Janice Solum	715-234-6874 715-651-7698

11) <b>Country Kids</b>	Lynn Kettenacker Jamie Donath	715-986-2505 715-529-1124
12) <b>North Star</b>	Diana Bazewicz	715-641-0926
13) <b>Poskin Jets</b>	David Frandsen Kristi Hoff	715-790-0067 715-205-3166
14) <b>Peppy Pals</b>	Katrina Chovan Tori White	715-455-1104 715-418-0054
15) <b>Prairie Farm Pals</b>	Becky Segebrecht	715-505-1413
16) <b>Doyle Juniors</b>	Cindy Broker Arlaina Meyer	715-234-2044 715-554-4031
17) <b>Cosmic Clovers</b>	Missy Bablick Cassie Ritchey	715-827-0434 715-417-0231
18) <b>Rock Creek</b>	To be Determined	715-537-6253
19) <b>Northern Lights Lights</b>	Karen Germanson Jamie Kunesch	715-236-9123 715-790-0938

\*Special Interest Membership 715-537-6253



UW-MADISON EXTENSION

## New to 4-H?

Use the map to find a club near you and contact the club leader for more information. Or contact the county extension office using the information below.

## Just in need of info?

Our organizational leaders and county staff are ready to help!

## Barron County 4-H

335 E. Monroe Ave. Rm. 2206  
Barron WI 54812

715-537-6250

[sara.waldron@wisc.edu](mailto:sara.waldron@wisc.edu)

[barron.extension.wisc.edu](http://barron.extension.wisc.edu)



Special Interest Membership



# Barron County 4-H Projects

4-H Projects are specific areas of interest for 4-H members and volunteers. Projects cover a wide variety of topics from animals, science, arts, and beyond.

## How do I select projects?

- Find a few areas that you would like to try.
- Learn from a variety of resources; adults, friends, family, online, the library
- As you start, think about what you want to learn and do.

## I picked a project, now what?

Many project areas are supported by project volunteers, but not all of them. After choosing projects, find out what resources are available in the county. Then use the documents at the end of this book to make a plan.

## Keeping Record

All youth are encouraged to turn in a record book each year. Look through the record book requirements and keep track of learning, setting goals, and take lots of pictures. More information about record books can be found in this guide.

## Project VS Exhibit

*Many people in 4-H tend to use the words Project and Exhibit interchangeably. However, they are two VERY different things.*

Project: A 4-H project is an area that you want to learn more about during the year. There are projects on just about any topic you would like to explore, from art to woodworking, from computers to rabbits, from clothing to small engines, from aerospace to horses. If you are interested in learning more about something, there is probably a 4-H project to help you! You will choose your projects when you register for 4-H.

Exhibit: An exhibit is an item that you have made during your 4-H project learning that you take to the County Fair. You will receive feedback from a judge on your exhibit. When you are enrolling in 4-H you are enrolling in a project, NOT selecting your fair exhibit. You will register for the Barron County Fair in June. Visit the fair website [barroncounfair.com](http://barroncounfair.com) to see a list of exhibits.

## Project Resources & Support

There are three levels of support for projects within 4-H.

### 1. County-wide Level

A volunteer or group of volunteers (Educational Team) have come forward to teach that project to any 4-H members in Barron County who are enrolled in that project. Countywide projects are additional educational resources available for any youth. They are not a requirement to fully participate in that project area. Countywide projects may have additional requirements that can be found on the website or by calling the Extension Office.

The following project areas are county-wide programs:

Dairy Project

Livestock Project (Barron County Fair Committee)

*beef, sheep, swine*

Dog Project

Horse Project

Shooting Sports

Junior Leaders (8-13th grade)

*\*\*Many project areas have volunteers that are happy to help at any time that are not part of an official county-wide program. Call the Extension Office and we will help find resources.*

### 2. Club Level

Each club has project leaders that can help in specific projects. Check with your club organizational leader(s) to find out what projects they have leaders for.

Projects available at the club level vary widely between clubs and also may change at any time during the year based on the availability of project leaders.

### 3. Independent or Individual Study Level

No volunteers on the countywide or club levels have come forward to teach that project. In this case, the member can find resources through various avenues

## 4-H Literature/Curriculum

Several projects have informative books that will be helpful to 4-Hers. We encourage you to purchase literature that focuses on your project(s). You may order these directly from the National Shop (<https://shop4-h.org>). Some project literature is available for check out at the extension office. Contact the office for a list or available materials.





# Project Index

## Younger Members (K-4)

\*Cloverbuds (Grades K-2)

\*Explorer (Grades 3-4)

## Older Members (Grades 3-13)

### Animal Sciences

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\*Cats

\*Dairy

\*Dogs

Goats

\*Horses

\*Horseless Horse

Llamas

Pets

Poultry

Rabbits

\*Sheep

Small Animals

\*Swine

Veterinary Science



### Arts and Communications

Arts & Crafts (Art)

Block Printing

\*Cake Decorating

Clowning

Collections

Communications/Creative Writing\

Speaking

Computers

Drawing and Painting

\*Leather Crafts

Music

Photography

Videography

Theater Arts



### Community Involvement

Service Learning & Citizenship

Citizenship

Self-Determined

Service Learning

Workforce Readiness

Youth Leadership



### Cultural Projects

Folk Art

History & Heritage

Intergenerational Programs

International Programs

Latino Cultural Arts



### Foods, Family, Home

Child Development

Clothing

Consumer Savvy

Crocheting

Entrepreneurship

Foods & Nutrition

Foods Preservation

Health

Home Environment

Intergenerational Programs

Knitting

Personal Finance

Quilting



### Outdoor Recreation (Natural Sciences)

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Backpacking & Hiking

Bees

Bicycling

Birds

Camping

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Entomology (Insects/Butterfly)

Exploring Your Environment

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Forestry

Maple Syrup

Nature and Ecology

Recycling

Water

Wildflowers

Wildlife

Winter Travel



### Plant & Soil Sciences

Crops (Corn, Forage, Small Grains)

Flowers

Fruits

Home Grounds

Horticulture

\*House Plants

Plant Crafts

Plant ID

Vegetables



### Science, Technology, Engineering, Math (STEM/ Mechanical Sciences)

Aerospace

Computers

Electricity

Geospatial

Legos

Scale Models

Small Engines

Tractors

\*Woodworking



### Shooting Sports

\*Air Pistol

\*Air Rifle

\*Archery

\*Hunting

\*Muzzleloading

\*Rifle

\*Shotgun



## Project Information

More info: [go.wisc.edu/4h](http://go.wisc.edu/4h)

On these pages, you'll find descriptions for statewide projects, Internet resources and links of interest, county fair exhibit suggestions, state specialist contacts, and other suggested 4-H resources.

\* indicates volunteer led county project.



# Project Descriptions

## CLOVERBUDS

(K-2 Grade)

Learn about your 4-H club or group, activities and events; Begin developing different skills, e.g., working with others; Explore your community and working together; Discover areas of project interest; Share with others what you have learned

## ANIMAL SCIENCES *(Grades 3-13)*

**BEEF | CATS | DAIRY | DOGS | GOATS | HORSES | HORSELESS HORSE | LLAMAS | PETS | POULTRY | RABBITS | SHEEP | SMALL ANIMALS | SWINE | VETERINARY SCIENCE**



### **\*Beef:**

Learn how to identify various beef breeds and parts of a beef animal, halter-break and show a calf, fit and judge beef cattle, recognize and raise a healthy animal; learn about feed ingredients, behavior, and parasites; learn beef carcass composition and retail meat cuts; explore selection and judging, learn about careers, discover how to market your animal.

### **\*Cats:**

Identify breeds; name the parts of a cat; handle and groom a cat; care for its health; learn about cat senses and sounds; explore tricks to teach a cat; traveling with a cat; learn about feeding and emergency care; detect signs of illness and health issues. Explore veterinary procedures; learn reproductive and cat body systems; learn showmanship and cat behavior; explore community laws and animal welfare.

### **\*Dairy:**

Identify dairy breeds; Study and identify parts of the dairy cow; Learn how to select quality dairy calves; Fit and show a calf; Identify stages of calving and care; Learn about housing and hay quality; Learn about milking and food safety; Explore ways to keep an animal healthy; Observe animal behavior. Practice mastitis detections; Learn to balance rations; Practice pregnancy detection and delivery of a calf; Learn body-conditioning scoring; Promote dairy products; Explore various dairy industry careers.

### **\*Dogs:**

Learn basic skills for dog care and training; Discover different dog breeds; Study and identify dog body parts; Learn how to keep a dog healthy and groomed. Explore dog health and nutrition; Discover genetic problems and population control; Learn showmanship and training techniques; Learn about show-ring ethics; Investigate responsible breeding; Care for geriatric dogs; Train service dogs; Explore careers related to dogs

### **\*Goats (Dairy & Meat):**

Gain hands-on experiences in the goat project; select, manage, fit and show goats; learn responsible goat ownership. Learn to keep your goat healthy; feed your goat for maximum production; prepare for kidding; develop judging skills; learn how to milk a goat properly. Learn about genetics, diseases and breeding; study body-condition scoring and linear appraisal; understand bio-security and prevention measures; gain leadership and explore career opportunities.

### **\*Horse:**

So, you want a horse. Great! What breed, type, color and physical markings would you like? Are you ready for daily care like grooming, feeding, stable care, foot care and safety? Learn the right equipment and riding skills; all a part of the 4-H Horse/Pony Project. This project is open to 4-H members who own, lease or manage a horse or pony.

### **Horseless Horse:**

In this project you don't have to have a horse or pony of your own. You need a desire to learn about horses. Explore horse behavior, terms, breeds, identification, body parts, selection, grooming, saddling and bridling, safety and equip-ment, and much more; A horseless horse project member is defined as a 4-H member who has no one on one access to a horse. They do not own their own horse. Their family does not own or lease a horse. (Cloverbuds may not be horseless project members) (See State 4-H Horse Association Handbook)

### **Llamas:**

Learn llama history; learn the importance of keeping health records; identify breed characteristics and external and internal parts; learn how to care for a cria; understand registration papers; recognize llama and alpaca behavior and body language; recognize the differences between llamas and alpacas; learn about llama nutrition; learn basic llama safety.

### **Pets:**

Explore your favorite pet or select a pet; identify pet body parts; learn to provide a safe environment; design a space for your pet. Explore animal digestion and feeding; shop for pet supplies; determine the animal's sex and proper health; study pet behavior and communication, pet products; teach others about pets; understand how genetics work; animal welfare issues.

### **Poultry:**

The poultry project will help members learn how to select, feed, manage, breed, fit, show, and market your bird. It includes ducks, geese, turkeys, chickens, bantams, waterfowl and pigeons.

### **Rabbits:**

Learning activities include identifying rabbit breeds, learning how to handle and show a rabbit, learning rabbits genetics and breeding, housing and care, planning and making a rabbit nest box, showing rabbits, and exploring careers related to rabbits, and more.

### **\*Sheep:**

Learn how to identify sheep breeds and body parts. Become familiar with sheep diseases and parasites. Learn to identify uses of wool and other by-products. Practice fitting your sheep. Explore different careers.

### **Small Animals:**

The 4-H Small Animal Project will give you the opportunity to learn about the life history, management, and care of a pet of your choice. Learn about a variety of small pets, such as birds, guinea pigs, iguanas, snakes, or frogs. Topics may include feeding, housing and daily needs, pet selection, body parts, pet communication, handling, genetics, and reproduction. You will also enjoy participating with your friends in the other activities of your 4-H club. These may include tours, camps, shows, club parties, and club meetings. You will also get to present information about your pet at the county fair.

### **\*Swine:**

Learn to identify swine breeds, feed and animal parts. Practice judging market hogs and identify pork meat cuts. Practice fitting and showing a hog. Make your own health plan care plan for your hog and learn to identify diseases. Assemble tack and pack a show box. As you become more experienced design a preventative herd health plan, manage your own herd's feeding program.

### **Veterinary Science:**

Learn different breeds of animals. Be able to describe animal life stages and systems. Create health records for your animals. Understand diseases that spread from animals to humans. Discover the importance of immunity and bio-security. Learn about different veterinary careers.

## **ARTS & COMMUNICATIONS** *(Grades 3-13)*

**Arts & Crafts (Art) | Block Printing | Cake Decorating | Clowning | Collectibles  
Communications/Creative Writing/Speaking | Computers | Drawing and Painting  
Leather Crafts | Music | Photography | Videography | Theater Arts**



### **Arts & Crafts (art):**

Learn art through cutting, pasting and drawing; explore sculpting and constructing with fibers; paint and print using different materials. Explore art techniques, culture and history of art; learn artistic challenges in drawing, fiber arts and sculpting; develop graphic design techniques.

### **Block Printing:**

Design and cut blocks from different materials, print designs on cloth and paper, create your own original designs.

### **\*Cake Decorating:**

Prepare icing to use for borders, drop flowers, lettering, experiment with different decorating tips; learn about professional cake decorating equipment, decorate with borders, flowers, leaves and letters. Bake and frost level cakes with smooth icing; bake and frost two layer cakes; make flat surface flowers; learn piping techniques; apply rolled fondant to a cake and decorate it; study the principles of element and design used in cake decorating.

### **Clowning:**

Discover the history of clowning; develop your own character; design your own makeup, costume and props.

### **Collectibles:**

Collect what you love and then showcase your collection. Learn how to get started collecting your items, how to display your items, adding to your collection, and how to develop a budget and inventory of your collection.

### **Communications/Creative Writing/Speaking:**

Learn to become a confident communicator, present oral speeches, write resumes and interview for a job. Polish your communication skill and explore communication careers and much more.

### **Computers:**

Learn about hardware, software and components; explore how computers work; learn the various programs and their features; visit the project's interactive website. Build and repair a computer; identify the components and how they work together; learn to upgrade and create connections; install operating systems. Create and manage networks; make decisions about network management; explore security issues and troubleshooting.

### **Drawing and Painting:**

Learn to draw with pencil, chalk, crayon, etc.; learn to blend and shade; make surface rubbings; paint with watercolor, oil and acrylics; mix colors; mat and frame your artwork.

### **\*Leather Craft:**

Learn about the characteristics and uses of leather, use tools and equipment, make patterns and original designs and explore various leather craft techniques.

### **Music:**

Gain a greater appreciation for music; explore different ways to participate; listen, perform and compose various types of music; teach others; and make instruments.



**Photography:**

Explore the camera and learn to use it properly; learn the basics of lighting and composition; learn the use of different light sources; shoot photos that tell a story. Camera adjustments; learn about film speed, shutter speed and aperture; take silhouettes, candid, action shots and others. Wide-angle and telephoto lenses; explore the use of light meters and studio lighting; experiment with special effect photos; take still life photos and portraits.

**Videography:**

Learn storytelling, editing and lighting, experiment with camera handling and editing; learn to plan a project with the use of sound and titles; show and review your production.

**Theatre Arts:**

Learn about acting, makeup, costumes, sets, writing a script, planning a theater game, story dramatization and group improvisation.

**COMMUNITY INVOLVEMENT** *(Grades 3-13)*

**Citizenship | Self Determined | Service Learning | Workforce Readiness  
Youth Leadership**

**Citizenship:**

Discover and discuss public issues; plan a project to change or improve your community.

**Self Determined:**

Create your own project or expand on an old one; select a project, develop a plan, identify resources; carry out and evaluate your plan.

**Service Learning:**

Learn to give back to your community, reflect on your experiences, identify community needs, plan a service project and execute the idea.

**Workforce Readiness:**

Explore what it takes to get your first job; discover how to assess job possibilities in the community; create job scenarios; recognize your learning styles and personal qualities

**Youth Leadership:**

Assess your leadership skills; practice effective communication skills; set goals and resolve conflict; and plan a group event. Explore how leaders are different; develop a multi-media presentation; set and achieve team goals; and practice teamwork. Assess your own strengths and weaknesses; write vision and mission statements; and contribute to a group project.

# ***To Make The Best Better!***

## CULTURAL PROJECTS *(Grades 3-13)*

**Folk Art | History & Heritage | Intergenerational Programs  
International Programs | Latino Cultural Arts**



### **Folk Art:**

Explore traditional folk arts; learn more from your family and community; learn storytelling; decorate eggs and make baskets.

### **History & Heritage:**

Discover your family history and heritage as you go on a treasure hunt for information. The records you create will last a lifetime.

### **Intergenerational Programs:**

Intergenerational Programs: Learn to understand older people better; let them share their stories and experiences; explore what happens as you grow older.

### **International Programs:**

Emphasizes the 4-H values of belonging and understanding through international exchange. In today's ever changing world the skill of global citizenship becomes more and more important all the time. Help the youth in your community build bridges and connect with others from around the world!

### **Latino Cultural Arts:**

Understand the Latino culture by exploring traditional art, make Latino instruments, jewelry, weavings, etc., sample Latino foods tell stories and explore their culture.

## FAMILY, HOME & HEALTH *(Grades 3-13)*

**Child Development | Clothing | Consumer Savvy | Crocheting  
Entrepreneurship | Foods & Nutrition | Foods Preservation | Health  
Home Environment | Knitting | Personal Finance | Quilting**



### **Child Development:**

Find out how you grow and develop; learn about the development of babies and toddlers; learn how to make toys safe for small children. How to take care of yourself and others; see what makes your family special; discover how to match toys to ages of children; develop family rules; check for safety hazards. Explore how to be an effective parent; gain experience as a teacher or coach; make babysitting and first-aid kits; Learn careers.

### **Clothing:**

Identify sewing tools and machine parts; thread a sewing machine and identify fabrics; select and purchase a pattern; sort clothes for laundry and remove stains; donate a sewing project. Identify types of fabric constructions; sew different buttonholes and seam finishes; use pressing tools and thread a serger; research different laundry products. Use specialized sewing tools or equipment; combine patterns to create a design; create outdoor wear; design and embellish a garment; use a computer to print on fabric.

### **Consumer Savvy:**

Learn your shopping style; use the yellow pages to find goods and services; know the difference between wants and needs; write a savings and spending plan; start a savings account. Identify your personal spending values; understand advertising appeal and its affects; see how peer pressure can influence your purchases; understand the risks of shopping on the Internet. Define consumer responsibilities and ethics; understand your consumer rights; use comparison shopping techniques; understand the costs of owning a vehicle.

**Crocheting:**

Learn to select and purchase yarn, thread and equipment; explore crocheting and finishing techniques; understand care instructions for crocheted items.

**Entrepreneurship:**

Practice the skills needed to be an entrepreneur; explore businesses, products, marketing and pricing; create a business plan; and start your own business.

**Foods & Nutrition:**

Learn what is good to eat and how to fix simple foods; fix pizza, pancakes, fruit kabobs and granola bars; explore why calcium is important to our bodies; understand TV commercial messages about food. make main dishes, e.g., meatballs, pasta and salads; learn to make basic muffins and biscuits; learn to change recipes; reduce fat content in recipes; discover how to store fruit and vegetables. Learn to evaluate nutrition information and fad diets; develop your own exercise program; learn how to cook different cuts of meat; learn to divide large-quantity packages for family use; make baked chicken, breadsticks and stir-fried vegetables. Learn how to make jelly, bake fish and marinate meat; conduct a food activity with young children; learn to divide recipes and make substitutions; plan menus on a budget.

**Foods Preservation:**

Learn the basics of preserving food safely; use UW- Extension Safe Food Preservation Series.

**Health:**

Practice first-aid skills to treat basic injuries; learn how to respond to someone who is choking; assemble a first-aid kit and much more.

**Home Environment:**

Home care; learn to sand and finish a simple wood item; make small home decorative items for the home; explore the world of home interior design, restore furniture, entertaining guests etc.

**Knitting:**

Discover what to consider when buying yarn or tools; learn knitting and finishing techniques; correct knitting errors; learn how to care for your knitted items.

**Personal Finance:**

Learn money management skills and how to live on a budget, financial services etc.

**OUTDOOR EDUCATION (NATURAL SCIENCES)** *(Grades 3-13)*

Adventures | Backpacking & Hiking | Bicycling | Canoeing  
Entomology (Insects/Butterfly) | Exploring Your Environment | Fishing  
Forestry | Maple Syrup | Nature and Ecology | Outdoor Recreation  
Recycling | Water | Wildflowers | Wildlife | Winter Travel

**Adventures:**

Learn how to camp safely in all weather conditions; investigate camping equipment and clothing; build a campfire and cook a meal; practice tying knots and first aid; learn to use a map and compass.

**Backpacking & Hiking:**

Select items and plan the food; learn to organize and pack a backpack; select appropriate clothing; prepare a first-aid kit; learn to use a compass; prepare for dangerous weather.

**Bees:****Bicycling:**

Learn how and where to bicycle safely; plan a bicycle camping trip; design and build a bicycle obstacle course; conduct a bike maintenance check.

**Birds:****Canoeing:**

Learn how and where to canoe safely; select and care for equipment; explore aquatic environments; plan a canoe camping trip; canoe a river.

**Entomology:**

Learn about insects, their behavior and life history; discover the parts of an insect's body; collect and compare insects; explore how insects communicate and move.

**Exploring Your Environment:**

Learn safety practices when working with wood and tools; use various hand tools, e.g., hammer and saw; identify types of nails and wood; sand and paint a piece of wood.

**Fishing:**

Identify types of tackle; organize a tackle box; identify different types of bait and fish in your area; learn to take proper care of your catch.

**Forestry:**

Identify forest types, forest products and trees; age trees by counting rings; understand forest competition; find a state forest; describe how leaves affect rainfall.

**Maple Syrup:**

Learn about the origin of maple syrup, areas of production, and which trees produce sugar water for making maple syrup. You will also learn about gathering sap and the processing of it into maple syrup.

**Nature and Ecology:**

Learn about ecosystem services; explore watersheds and water purification; collect and analyze soil samples; learn about different sources of energy; explore ecotourism; learn more about aesthetics and the environment. Learn about environmental stewardships; find out what natural capital is and why it's important; explore local and national land use. Learn about climate change and sustainability; identify ways to conserve energy.

**Recycling:**

Learn about the impact of solid waste on the environment; learn to reduce, reuse and recycle.

**Water:**

Identify water conservation and pollution issues; explore issues in your home, community or school; select an issue to focus on; develop and implement a plan.

**Wildflowers:**

Learn about wildflowers in your neighborhood; learn to identify wildflowers and how to collect them; discover how humans affect wildflowers.



### **Winter Travel:**

Discover winter travel on cross-country skis and snowshoes; select and take care of equipment and clothing; experience a winter overnight campout; discover how trees and plants prepare for winter.

## **PLANT & SOIL SCIENCES** *(Grades 3-13)*

**Crops (Corn, Forage, small grains) | Flowers | Fruits | Home Grounds  
Horticulture | House Plants | Plant Crafts | Plant ID | Vegetables**



### **Crops:**

Corn (Crops 1): learn about variety selection, germination and planting; learn about nutrients, harvesting and storage; explore uses and marketing strategies for corn. Forage (Crops 2): Establish and manage a forage crop; scout fields for pests, diseases and nutrition shortages; take an accurate forage sample; study growing techniques. Small Grains (Crops 3): Explore types of grasses, including wheat, oats and barley; learn about growing conditions and nutrients; practice integrated pest management; compare production costs and marketing.

### **Flowers:**

Identify flower parts and their functions; plant flowers and make flower arrangements; give a presentation on flowers; prepare a flower exhibit.

### **Fruits:**

Produce fruits from apples to berries; select the best fruit cultivar for your home garden.

### **Home Grounds:**

Learn about seeding a lawn; study proper lawn care and maintenance; explore fertilization and pest management techniques. The importance of planting new trees and shrubs; explore variety selection and appropriate placement; learn basic maintenance: pruning and fertilization. Landscape planning; make a plan and put it on paper; select, place and plant trees and shrubs; maintain your home grounds.

### **Horticulture:**

Learn basic principles of plant science; Learn to plan, care for, and manage vegetable and/or flower gardens, lawns, or commercial horticultural crops; Learn effective, safe methods of pest control and management; Produce vegetables and fruits for year-round use to improve nutrition; Apply knowledge by experimenting with plants in a laboratory or in the field.

### **House Plants:**

Identify plant parts and their functions; grow house plants and start a plant from a cutting; make a dish garden; prepare house plants for exhibit.

### **Plant Crafts:**

Learn to harvest plants; use different drying techniques; learn how to use plant materials; learn how to make dried arrangements, corsages, etc.

### **Plant ID:**

Flowers & Indoor Plants; Fruits & Nuts; Vegetables; Woody Ornamentals;

### **Vegetables:**

Identify plant parts and their functions; explore germination and start a plant from a cutting; grow vegetables in containers; plan an outdoor garden; prepare a vegetable exhibit for show.

# SCIENCE TECHNOLOGY ENGINEERING MATH (STEM & MECHANICAL SCIENCES) *(Grades 3-13)*

Aerospace | Computers | Electricity | Geospatial | Legos  
Scale Models | Small Engines | Tractors | Woodworking



## **Aerospace:**

Make paper airplanes; identify different types of aircraft; learn how weather affects flying; learn star constellations and their stories. Make and launch model rockets; learn the forces that act on a rocket; experiment with roll, pitch, and yaw; build a balloon shuttle; use engineering principles to design your own air- and space-crafts; learn pilot certification requirements.

## **Computers:**

Learn about hardware, software and components; explore how computers work; learn various programs and their features; visit the projects interactive website. Build and repair a computer; Identify the components and how they work together; learn to upgrade and create connections. Discover how to create and manage networks; make decisions; explore security issues and troubleshooting.

## **Electricity:**

Understand how to use electricity, identify electrical material and wire a simple circuit. Build a compass, flashlight, switch and electric motor. Learn to read circuit diagrams, communicate in Morse code and develop a basic electrical tool and supply kit

## **Geospatial:**

Learn about navigational tools: GIS, GPS, compasses. Learn how to collect data and measure distances. Make maps of home, neighborhood and community. Use multi-layered maps to attempt to solve problems.

## **Legos:**

The 4-H LEGO Project meetings encourages creativity, problem solving, and critical thinking. Learn how to practice different building techniques, learn about the engineering design process, build and test various structures and re-engineer based on what is learned through the initial process of trial and error.

## **Robotics:**

Learn what a robot is and how to build one. Learn how to program the robot to use sensors. From beginning to advanced learn different programming techniques. Build your own robot!

## **Scale Models:**

Assemble and create scale models of trains, cars, etc.; learn how to obtain materials you need in construction; learn to display your model and judge it.

## **Small Engines:**

Learn the basics of small engines; explore external engine parts and tools; identify the uses of small engines and safety issues. Internal parts of engines; learn about engine sizes and safety issues; explore different jobs related to small engines. Learn to use diagnostic tools; research rules and regulations in using small engines.

## **Tractors:**

Learn and identify parts of the tractor; understand the basics of tractor maintenance; learn about different fuels

and engine cooling systems; re- search different safety features and learn safety rules. Practice farm and tractor safety; understand the mechanics of engines; identify accessory equipment; learn the functions of different operational systems. Learn types of oil systems and fuel safety; learn how to hook on a PTO unit; learn tractor and machinery maintenance.

Woodworking: Learn safety practices when working with wood and tools; use various hand tools, e.g., hammer and saw; identify types of nails and wood; sand and paint a piece of wood.

#### **\*Woodworking:**

Learn safety practices when working with wood and tools; use various hand tools, e.g., hammer and saw; identify types of nails and wood; sand and paint a piece of wood. Learn to use woodworking tools and equipment.

## **SHOOTING SPORTS***(Grades 3-13)*

**Air Pistol | Air Rifle | Archery | Muzzleloading | Rifle | Shotgun**



These projects cover the fundamentals of each discipline, marksmanship, and shooting procedures. The Wisconsin 4-H Shooting Sports program in Barron County is geared for teaching beginning target shooting skills for youth at junior, intermediate and senior levels.

- Shooting sports member age will be calculated using January 1 of the current 4-H year. This calculation date will hold true for Wisconsin 4-H club, project or participating in a county hosted state invitational event.

- 4-H Shooting Sports programs are available to youth from 3rd grade and at least 8 years old through the year following high school. Shooting Sports projects include archery, air pistol, .22 pistol, air rifle, .22 rifle, muzzleloader, and shotgun. 4-H youth must be 12 years of age by the start of the program, event, or activity to operate any powder-burning firearm. This includes .22 handgun or rifle, muzzleloader handgun or rifle, or shotgun. A county may adopt an older age limit, but in no case shall a county reduce the age limit set forth by state policy.

- Youth may participate in an organized 4-H Shooting Sports activity where firearms and archery equipment are present, only if a Level 1 Instructor is present and providing direct supervision. The Level 1 Instructor must have a current certification in the discipline in the event or activity where youth are participating (e.g. air rifle practice – at least one of the certified leaders must be certified in the rifle discipline).

- Youth Leaders do not need to be 4-H Shooting Sports certified, but must be in the presence and under the supervision of a 4-H Shooting Sports Level 1 Instructor who has certification in the shooting discipline in which the youth is participating. A Youth Leader cannot oversee an active shooting line.

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### **Barron County Shooting Sports:**

#### **Archery**

Archery training centers run from the end of January through March with a fair shoot at the end of March/early April. Youth work with certified archery volunteers to learn archery skills and practice shooting. Bows and equipment are available. An outdoor shoot is scheduled for the end of May/early June. This is for beginner through advanced.

#### **Spring Shooting Sports**

In the spring, Air Pistol, Air Rifle, Shotgun, Trap, and Rifle meet for training centers in Almena and Brill. Offerings at each location are different.



# Barron County Calendar Of Events

for dates/times and the most current information, please visit [barron.extension.wisc.edu](http://barron.extension.wisc.edu)

## September

- ✿ Enrollment for new year
- ✿ Record Books Due
- ✿ Annual Fall Leaders Association Meeting
- ✿ Club Activities

## October

- ✿ National 4-H Week
- ✿ Window Displays
- ✿ 4-H Awards Program
- ✿ Virtual Classes
- ✿ Taste of 4-H
- ✿ Club Activities

## November

- ✿ Fall Forum (state)
- ✿ Project Discovery (2nd Saturday)
- ✿ Club Activities

## December

- ✿ Project Discovery (2nd Saturday)
- ✿ Club Activities

## January

- ✿ Volunteer Training
- ✿ Club Activities
- ✿ Archery Begins

## February

- ✿ Volunteer Training
- ✿ Project Discovery (2nd Saturday)
- ✿ Winter Family Fun
- ✿ Club Activities
- ✿ Science Saturday/STEM

## March

- ✿ Performance Arts Festival
- ✿ Project Discovery (2nd Saturday)
- ✿ Club Activities

## April

- ✿ Fall Forum (state)
- ✿ Project Discovery (2nd Saturday)
- ✿ Club Activities
- ✿ Dog Project Registration
- ✿ Foods/Clothing Revue in Spooner (4/24?)
- ✿ Spring Leaders Meeting

## May

- ✿ Cloverbud Super Saturday
- ✿ Club Activities

## June

- ✿ Fair Shoots
- ✿ Fair Entry Deadline
- ✿ 4-H Camp
- ✿ Day Experiences
- ✿ Club Activities
- ✿ Area Animal Science Days

## July

- ✿ Fair Sign Contest
- ✿ Cake Revue
- ✿ Barron County Fair
- ✿ 4-H Graduation

## August

- ✿ Project Banquets
- ✿ WI State Fair



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# 4-H Terminology

## **4-H Activity**

Members can participate in 4-H activities regardless of what project area they are enrolled in. These activities can be individual or team based, such as softball.

## **4-H Association**

The leader organization which raises funds, coordinates committees, advocates for 4-H and provides input on opportunities and needs. Voting members of the Association include 4-H Volunteers and youth leaders.

## **4-H Club**

A group of members and volunteers who meet regularly to plan 4-H activities, community service and leadership opportunities. Leadership and activities of clubs should be youth driven.

## **4-H Council**

The elected body of the 4-H Association. Council members set policy, provide leadership for legal and financial responsibilities, as well as overall leadership for the organization.

## **4-H Member**

A participant in a 4-H club. Membership is open to all youth no matter what ethnic background, race, gender, and handicap status, religious or political beliefs. Youth are eligible for membership from kindergarten through one year past high school graduation.

## **4-H Project**

A 4-H member can sign up for one or more project areas during the year. Many project areas have meetings or clinics with project leaders during the year which youth learn skills to help them complete their chosen project.

## **4-H Volunteer**

An adult over the age of 18 who has attended and passed the Youth Protection Process and who is currently enrolled in 4-H.

## **4-H Year**

The year runs October 1- September 30 of the following year.

## **4-H Youth Program Educator (or Coordinator)**

A staff member of UW Madison Division of Extension who provides leadership and oversight of all 4-H programs and groups in the county.

## **Achievement**

This is a set of requirements each member must meet during the 4-H year. Members must:

- Give a demonstration at a club meeting
- Exhibit a project at the county or community fair
- Complete and turn in a 4-H Record Book to their General Leader by the deadline date
- Attend club meetings regularly and adhere to individual club requirements.
- Members who do not achieve forfeit their eligibility the next 4-H year for the following access to funding and other program specific requirements established by specific project areas.

## **Charter Application**

Each 4-H Club, committee or organization with a bank account must fill out an annual Charter document in order to operate under the 4-H Name and Emblem.

## **Barron County Beacon**

A newsletter from Extension Barron County which provides 4-H families with information about the 4-H program.

## **Cloverbud**

Members in kindergarten through second grade. Cloverbuds can't participate in some 4-H projects or events. When enrolling in 4-H, this age group should enroll in the Cloverbud project.

## **Club Officer**

Any member of a 4-H club who is elected to a club office position such as President, Vice President, Secretary, Treasurer or Historian.

## **Club Rules & By-Laws**

These are the written rules for each 4-H club, which its members follow in order to meet required achievement status.

## **Enrollment**

In the month of September, each 4-H member and volunteer must fill out enrollment paperwork and select project areas for the year. Youth must also sign a behavioral form.

## **General Club Leader**

One or more volunteers who oversee the organizational part of the club such as recruiting members, dealing with member enrollment and helping officers with their duties for the club.

## **Junior Leaders**

4-H members in grades 8-13 can participate in a county leadership organization. They do activities geared towards community development and volunteer work. Junior Leaders operate a food stand at the County Fair.

## **UW-Madison Division of Extension**

Provides educational programs by teaming up with agriculture; meeting community challenges; protecting natural resources; strengthening Wisconsin's families; and supporting young people through our program areas —

\*Agriculture

Community Development

\*Human Development and Relationships

\*Health & Well-Being

Natural Resources

\*Positive Youth Development

*\*indicates programs in Barron County*

## **Website**

4-H Information can be found about UW Madison Division of Extension Barron County at <http://barron.extension.wisc.edu>



# 4-H Activities and Events-Youth

*The following is a list of activities and events that occur locally, in Wisconsin, and beyond. Watch newsletters and emails for the most current information. Not all experiences are currently available due to COVID-19 travel restrictions.*



## Local Events/Activities

### 4-H Clubs

4-H members and families choose a club to belong to. While clubs have specific geographic locations, members do not have to pick the closest club to them. Each club offers a variety of experiences and opportunities. Check with club leaders or families for more information.

### 4-H Camp

There are several camp programs available to youth throughout the 4-H year including Day Camps (Cloverbuds), Summer Camp (3-8 grade) and Camp Counselor Opportunities (9-13 grade).

### 4-H Projects

Youth can get involved in project activities throughout the year. Volunteers plan classes and learning opportunities. Youth can also plan and lead opportunities.

Countywide projects with organized leadership include: livestock, dairy, dogs, leathercraft, horse, shooting sports, Juniors

### Awards Program

In month of October, youth are chosen from their specific project area to be awarded for exceptional work. Along with project awards, special club awards are also given out during this event.

### 4-H Graduation

Each year, a graduation event is held to celebrate the current year's graduating members and their accomplishments. Select members will also

be awarded scholarship and county awards for achievement. Scholarship Applications are due June 1. Graduation is held on the Saturday of fair week, unless otherwise communicated.

### National 4-H Week

The first full week in October is set aside for the promotion of 4-H. Counties across the country use the current year's theme to make window displays or special events to recruit members for the coming year.

### Performance Arts Festival Day

Member from across the county come together during Communication Day to perform in areas of drama, speech, music and demonstration. Youth are judged and a select few receive awards for their performance along with being selected from Barron County Fair entries.

### Project Discovery Days

Throughout the year, Project Discovery Days are set up for members to explore different projects in 4-H. These sessions range in activities from crafting to small engines to woodworking. Look for information in your newsletters.

### Virtual Learning

There are local learning opportunities that take place virtually. These occur during the month of October to celebrate National 4-H week, beginning in January there are virtual sessions for 5 project areas. There are also opportunities listed on the Wisconsin 4-H Website.

### 4-H Softball League

During the summer months, 4-H clubs put together softball teams who compete against each other in softball a league and championship tournament.

### Clothing/Foods/Cake Decorating Revue

Members enrolled in the Clothing, Foods or Cake Decorating projects are judged on their completed projects before the Barron County Fair. These entries are conference judged, where exhibitor is asked questions regarding how they made their project. After judging, projects are reviewed for placement and set on display during the Fair for general public to view.

# 4-H Activities and Events-Youth

## Junior Leader

The 4-H Junior Leaders are older youth that work together to give back to the community and their clubs. They also run the Junior Leader Food Stand during fair week, giving the opportunity to youth leaders to manage the stand and earn money.

As a reward for working at Junior Leaders' Food Stand and completing the required volunteer duties, youth in the Junior Leaders program are provided with the opportunity to participate in a variety of opportunities.

## Barron County Fair

During month of July, the Barron County Fair takes place at the fairgrounds in Rice Lake. The fair is organized and hosted by the Barron County Fair board. While 4-H members make up the largest majority of exhibitors, it is not a 4-H organized fair. 4-H members bring their registered projects to the Fair to be judged and displayed, fulfilling one requirement of Achievement. The Fair is also a way spend time with other friends and club members with different 4-H/ Fair events. For Junior Leaders, working at the food stand is a highlight to meet new people and volunteering. Fair registration is due in June. See the Barron County Fair website for information: [barroncountyfair.com](http://barroncountyfair.com)

## Statewide Events and Opportunities

*\*\*All statewide and global experiences have different application processes and requirements, if you are interested in learning more, please visit: <https://4h.extension.wisc.edu/opportunities/statewide-events-and-opportunities/>*

## WI State Fair

The State Fair is held in West Allis during the month of August and gives 4-H members the opportunity to exhibit their projects on a state level. This is a great opportunity to see what others in the state are doing in the same project areas as yourself and have fun meeting new members! Guidelines have changed for the Wisconsin State Fair, these will be communicated with 4-H members and families.

## Citizenship

### American Spirit East

(8-10th Grade)

The American Spirit Experience is a wonderful opportunity to develop knowledge of America's heritage, citizenship, and leadership. It is also a great opportunity to meet new people, develop leadership and public speaking skills, and travel the east coast. Featured sites include: Valley Forge, Philadelphia, New York, Plimoth Plantation, Boston, Whale Watching, and Niagara Falls

### Citizenship Washington Focus

(10th-12th grade, minimum age 15)

Citizenship Washington Focus, or CWF for short, is the premier week long 4-H citizenship and leadership experience. CWF brings 4-H delegations from all over the country to stay in the National 4-H Conference Center in Chevy Chase, Maryland, right outside our Nation's Capital! Participants learn about the roles of Senators and Representatives in the United States' government and how these parts work together to form an effective Congress. Additionally, youth get to see and experience government in action by meeting with their State's members of Congress and watching a House of Representatives meeting.

### National 4-H Conference

(8th-10th grade)

National 4-H Conference annually brings 4-H youth and adults from around the nation to work towards strengthening and expanding the 4-H Youth Development program at the local, state, and national levels.





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# 4-H Activities and Events-Youth

## Communication Arts

### ArtBeat

The introductory program for Wisconsin 4-H Communication Arts and was created for 4-H members in grades 3-5, their parents and leaders.

Art Beat! provides an opportunity for youth and their parents to experience five different art forms in a camping environment at Camp Upham Woods in Wisconsin Dells.

### Arts Camp

Provides youth in grades 6-8 an experience with six different art tracks including: music, photography, communication, theatre, culinary arts and art in nature. Arts Camp provides older youth and adults with opportunities to teach and strengthen their leadership abilities and provides younger youth the fun of a 4-H camping experience focused on the arts.

### Art Lab

Wisconsin 4-H Art Lab is an opportunity for youth grades 9-12 to engage in the arts in downtown Madison. Partnering with UW-Madison and off-campus programs, this weekend will provide youth hands-on learning experience from university partners in a pre-selected art concentration.

### State Arts Team

(9-12 Grade)

Wisconsin has 3 arts teams that youth can apply to be part of. Youth in grades 9-12 who are passionate about the arts and sharing arts with others, are encouraged to apply. The three teams include: Art Team, Drama Company, and Communication Team.

## Dairy, Livestock and Animal Science Programs/ Opportunities

Area Animal Science Days

Dairy Quiz Bowl

State Dairy Judging Contest

State Livestock Judging Contest

Meats Judging Contest

Livestock Quiz Bowl & Skill-a-thon Contest

## Dog Program

State Dog Agility Show

State Dog Obedience and Showmanship Show

State Dog Quiz Bowl

## Horse Program

State 4-H Gymkhana

State 4-H Horse Bowl and Hippology Contest

State Horse Expo

State 4-H Horse Leader's Conference

## Leadership

### Fall Forum

(Grades 7-adult)

The opportunity for young leaders and adults to come together to learn from others in Wisconsin 4-H.

### Wisconsin 4-H & Youth Conference

(7th-10th Grade)

Wisconsin 4-H & Youth Conference is a three and a half day Statewide Educational Experience. Youth from all over Wisconsin come to Madison, Wisconsin for educational seminars, assemblies, speakers, exploration, and fun on the UW-Madison campus!

### Wisconsin 4-H Leadership Council

(9-12 grade and Adult Volunteers)

The Wisconsin 4-H Leadership Council (WLC) provides a statewide forum for youth and adult volunteer leaders to discuss ideas and provide input to enhance UW-Extension 4-H Youth Development programs at the state, county, and local levels.

## STEM

Space Camp and Advanced Space Camp

## Global Opportunities

International Exchange

Summer Outbound Program

Summer Inbound Program



# Opportunities and Experiences-Adults

## Adult Volunteer, Leader, and Parent Involvement

### General Information

Volunteer project leaders are always needed! If there is a project you would like to become involved with, or you see a need for a particular project area in the county or in your club, give the Extension Office a call or talk to your club organizational leader. No special education/experience in that project is required, only a willingness to work with youth. To become a volunteer:

- Contact the Extension Office for opportunities
- Fill out Volunteer Form/Determine role
- Enroll in 4-H as a volunteer
- Complete background check, mandated reporter training, VIP training, and any other required trainings.

### Club Organization Leaders/Co-Organization Leaders:

Club leaders work with youth and adults to offer a positive youth development experience for young people and provide leadership to the club or group organization. They serve as the main contact for clubs and the liason between the club and the county.

### Activity Leader/Event Volunteer:

Provides leadership/organization for an activity or event and/or participate as a committee member. This can be on the club level or countywide.

### County Resource Leader:

Are not enrolled in a specific club, but can be. They provide leadership on a county wide level. Examples include county wide projects, committees, and leadership opportunities.

### Project Leader:

Provides leadership and organization to the project group who is learning about a specific topic (club or county level).

### Chaperones

Serve as adult supervision for events/activities, including overnights.

*\*\*Additional information can be found at [wi4h.org](http://wi4h.org)*

## Committees

As a volunteer or parent, you can join a committee! Choose from the following:

**Educational Programming:** Clothing Revue, Foods Revue, County-wide Trips, Performance Arts Festival, Project Discovery Days

**Awards & Recognition:** Awards, Awards Banquet, County Recognition

**Financial Support:** Plat Book, Food Stand, Raffle, Scholarship

**Promotion:** Recruitment, marketing

*Committees report to the Barron County 4-H Adult Leaders Association and the 4-H Educator. These committees shall have the responsibility of planning and carrying out Association functions as related to their area of respnsibility. Includes planning, budget requests, rules and regulations. Committees shall select their own chair person, who will have the responsibility of reporting committee advisory*



## Building Youth-Adult Partnerships



## Project Record

*Use this optional page to help you keep track of information for your record book throughout the year.*

**Project:** \_\_\_\_\_

**Year in Project:** \_\_\_\_\_

### **Project Goal:**

*A goal is a statement about what you want to learn in the project and how you plan to accomplish it. Good goals have three characters. They are challenging (you have to “stretch yourself to do it”); achievable (it is within your ability); and measurable (you can determine whether or not you met your goal).*

List 3 or more skills learned/improved:

- 1.
- 2.
- 3.

### Activity/Exhibit Record

Event (project meetings, workshops, tours, contests, exhibits)	Where/When

Project Funding:(what costs are involved and who is responsible for them?)

An EEO/AA employer, University of Wisconsin Extension provides equal opportunities in employment and programming, including Title IX and the Americans with Disabilities Act (ADA) requirements. Requests for reasonable accommodations for disabilities or limitations should be made prior to the date of the program or activity for which it is needed. Please do so as early as possible prior to the program or activity so that proper arrangements can be made. Requests are kept confidential.

Adapted by Sara Waldron, 4-H Program Coordinator, UW Madison Division of Extension, Barron County  
Source: Adams County 4-H, Wisconsin